Instructor

Dr. Grace Truong
Office location: Kenny 3505
Office hours: Mondays, 2:00-3:00pm
Email: gracet@psych.ubc.ca
Grace in ≤ 25 words: BC born and raised; all degrees from UBC; studies ownership + attention; likes hiking, food, board games, and oceans; dislikes bad drivers and heat

Teaching Assistant (TA)

Alex Terpstra
Office location: Kenny 2101
Office hours: Tuesdays, 3:30pm - 4:30pm
Email: alexander.terpstra@psych.ubc.ca
TA in ≤ 25 words: I am a first year PhD student in clinical psychology studying how cognitive biases in mood disorders might help inform treatment selection.

Course Description
This course will introduce you to psychological science, with a focus on important people, perspectives, principles and practices. We will briefly review some historical information, then delve into research methods, the brain, sensation and perception, consciousness, language, memory, learning and thinking. Importantly, this course will teach you things you might not have known about yourself (and others!), and help you to develop your critical thinking, skills as a student, and apply research in psychological science daily life.

Your Learning Goals
1. Recognize important people and describe perspectives in the history of psychological science
2. Understand and explain good psychological science research practices
3. Describe theories and research on sensation/perception, consciousness, language, learning, memory and thinking
4. Identify how neural structures are connected to various psychological processes
5. Appreciate applications of psychological science to everyday life
Withdrawals: Withdrawal from this course without record of the course on your transcript must occur before 18 September 2018, or before 12 October 2018 for withdrawal with a standing of “W” on your transcript.

Course Materials

Required Textbook.

i>Clicker. Available at the UBC bookstore. This is required for your class participation grade.

Course Website: www.canvas.ubc.ca
Lecture slides, assignments, and grades will be available through UBC Canvas. Lecture slides will be posted after class. You are also welcome to use the Canvas course page to contact other students (e.g., arrange to share notes for missed classes, clarify a difficult topic, etc.) via the discussion board.

Learning Appraisals at a Glance

<table>
<thead>
<tr>
<th>Learning Appraisal Activity</th>
<th>Date</th>
<th>Percent of Total Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm 1</td>
<td>Sept 21 (in class)</td>
<td>17%</td>
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<tr>
<td>Midterm 2</td>
<td>Oct 19 (in class)</td>
<td>17%</td>
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<tr>
<td>Midterm 3</td>
<td>Nov 9 (in class)</td>
<td>17%</td>
</tr>
<tr>
<td>Experiment Proposal</td>
<td>Nov 26 (on Canvas and on TurnItIn)</td>
<td>10%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>TBD</td>
<td>34%</td>
</tr>
<tr>
<td>iClicker Participation</td>
<td>Throughout Term</td>
<td>3%</td>
</tr>
<tr>
<td>Research Experience Component (REC)</td>
<td>Due by last day of classes (Nov 30th)</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>100%</strong></td>
</tr>
<tr>
<td>Bonus REC</td>
<td>Due by last day of classes (Nov 30th)</td>
<td>3%</td>
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Learning Appraisal Descriptions

Examinations
The midterms and the final exam will consist of multiple-choice and short answer questions. These will draw on both lectures and the readings and, for superior performance, you must have a clear understanding of both these sources of course content. The final exam will be longer than the midterm exams and will be cumulative.

Experiment Proposal
To practice thinking and writing about psychological research, you will write your own experiment proposal. In this assignment, you will generate a research hypothesis and a set of methods/procedures you could use to test the hypothesis. You will also discuss important concepts such as confounds and random assignment. More information will be provided in class and on Canvas.

iClicker Participation
Active participation during lectures will be essential for you to learn the material, prepare for exams, and get the most out of this course. I will aim to incorporate a few iClicker questions into each lecture to check for understanding of key concepts and to encourage active participation and discussion. Please bring your clicker to every class; it is not possible to make up iClicker points if you are absent or if you forget your clicker.

Please be sure to register your i>clicker ID by clicking on "i>clicker Student Registration" on the sidebar of the course Canvas page. The instructor will aim to incorporate several clicker questions into each lecture. Participation will be graded in the following manner:

<table>
<thead>
<tr>
<th>If you respond to...</th>
<th>You will receive...</th>
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<tbody>
<tr>
<td>90-100% of all clicker questions</td>
<td>3%</td>
</tr>
<tr>
<td>80-89% of all clicker questions</td>
<td>2.5%</td>
</tr>
<tr>
<td>70-79% of all clicker questions</td>
<td>2%</td>
</tr>
<tr>
<td>60-69% of all clicker questions</td>
<td>1.5%</td>
</tr>
<tr>
<td>50-59% of all clicker questions</td>
<td>1%</td>
</tr>
<tr>
<td>0-49% of all clicker questions</td>
<td>0%</td>
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Research Experience Component
Psychology is an active and exciting scientific discipline. Many of the studies that you will learn about in this course were carried out at universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as a way of introducing you, in a more hands on and interactive way, to cutting edge research in psychology. This REC will be worth 2% of your grade in the class and you are free to choose one of two options:

Participate in the Psychology Department Human Subjects Pool

Most students will choose to earn their research experience component by spending **two hours participating in psychology studies (worth 1% point for each hour)** through the Department of Psychology’s Human Subject Pool (HSP) system. You can locate and sign up for studies by going to the Department of Psychology’s Human Subject Pool (HSP) system at https://ubc-psych.sona-
Details about how to use the HSP online system can be found at http://psych.ubc.ca/internal/human-subject-pool/ in the document entitled “Subject Pool Information for Participants.”

Please note that any inquiries about credits should be directed to HSP or the experimenters that you worked with, *not* the instructor. One percentage point is assigned to your final grade for each hour of participation. Credits can be recorded and tracked via the subject credit website. These credits are added to your grade at the end of the course. If you do not correctly assign your credits to this course, you will NOT receive credit so please make sure you have done this correctly.

As an alternative to participating in studies, you may choose to complete library writing projects, in which you read and summarize a research article; each article summary counts as one hour of research participation. For each summary, you must select a research article (not a letter to the editor, commentary, or review paper) published between 2000 and the present in the journal Psychological Science. Each summary should be about 500 words and should describe the research question, methods, and results of the study presented in the article. Complete instructions on how to complete the library-writing projects can be found on p.4 (“The Library Option”) of the guide at http://psych.ubc.ca/internal/human-subject-pool/ in the document entitled “Subject Pool Information for Participants.” You must adhere to the complete instructions detailed in the guide to receive your credits. Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action may be taken at a departmental or university level.

Extra credit (optional)
You may earn up to 3% extra credit that will be added to your final grade. These extra credit points can be earned by doing up to three additional hours of study participation in the HSP (or summarizing another three additional journal articles for the library option) as described above as the research experience component of the course.

*The HSP system closes on the last day of classes. This will be your final day to earn research participation credits, and the final day to assign credits to this course.*

Course Policies

*Attendance*
I expect you to attend every lecture. While we will be posting lecture slides after class, these are NOT a substitute for lecture, and exams will contain a significant amount of content only provided in lecture. I will number our lecture slides so that you can take notes corresponding to each slide during lecture. If you must miss a class, please contact your fellow classmates to obtain notes and/or information on what you missed. You can use the discussion forums on Canvas to arrange sharing of notes and content from missed class with other students.

*In the Classroom*
Your behaviour in the classroom reflects on you as a person and student. Treat your instructors, fellow classmates, and anyone else that might be a part of our class with respect. This means being courteous and respectful when asking questions or making comments during class, and not monopolizing a discussion or question period.

*Laptop Use*
I understand that many students use laptops or other electronic devices as learning tools. However,
some students use their laptops during class for activities that are not related to this course. This can easily distract students sitting nearby. For this reason, I ask that anyone using a laptop or similar device for activities unrelated to the course sit at the back of the classroom.

**During Exams**

Every exam will require you to fill out a Scantron sheet in response to multiple choice questions, and therefore it is your responsibility to bring a pencil and eraser to every exam. You will not be allowed to write the exam if you are more than 30 minutes late, or if another student has already submitted his/her exam, if that occurs first. You may not leave the room (e.g., to use the bathroom) unless you have provided us with medical documentation 24 hours prior to the exam indicating a medical condition that might require you to leave the room. You will have 50 minutes to write each midterm exam, and when time is called you must immediately stop writing, remain quiet and follow the instructions for submitting your exam. This means you will not be given extra time to put your name and/or student ID on your Scantron form or exam, change an answer, etc. Failure to comply with any of these instructions will result in a ‘0’ on your exam.

**Missing Exams**

If you are aware of scheduled UBC-sanctioned sport travel or a religious obligation that conflicts with the date of an exam, you MUST contact the instructor within the first two weeks of classes so that alternate arrangements can be made. If you miss an exam for a medical reason, you must contact the instructor before the exam. You must provide medical documentation of the illness as soon as possible following the exam, and it is your responsibility to schedule a makeup exam within one (1) week of the original exam date (unless your documentation warrants a longer period). If you miss an exam for any other reason (e.g., work commitments, sleeping in, forgetting there was an exam, etc.), you will receive a “0” on the exam.

**Reviewing Exams**

There will be one 2-hour exam review period scheduled after the exam marks are released. Your TA will run this review session, and will be available to answer any questions or concerns regarding your exams. Should you be unable to attend this review session, you must contact your TA to make alternative arrangements to see your exam. You must arrange to see your exam within 2 weeks of the grades being released. Following this two week period, your exam will not be available.

**Grades**

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions. According to departmental norms, the average grade in a 100- and 200-level Psychology courses are 67 for an exceptionally strong class, 65 for an average class, and 63 for a weak class, with a standard deviation of 14. Scaling may be used in order to comply with these norms; grades may be scaled up or down as necessary by the professor or department. Grades are not official until they appear on a student’s academic record. You will receive both a percent and a letter grade for this course.

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Percent</th>
<th>Letter Grade</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>90 - 100</td>
<td>C+</td>
<td>64-67</td>
</tr>
<tr>
<td>A</td>
<td>85 - 89</td>
<td>C</td>
<td>60-63</td>
</tr>
<tr>
<td>A-</td>
<td>80 - 84</td>
<td>C-</td>
<td>55-59</td>
</tr>
<tr>
<td>B+</td>
<td>76 - 79</td>
<td>D</td>
<td>50-54</td>
</tr>
<tr>
<td>B</td>
<td>72 - 75</td>
<td>F</td>
<td>0-49</td>
</tr>
<tr>
<td>B-</td>
<td>68 - 71</td>
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</table>
**Academic Misconduct**
Cheating on exams will result in a score of 0 for that exam. Lab assignments must be completed independently. Sharing your answers to lab assignment questions or using another student’s work is considered cheating and will result in a score of 0 for that assignment. Using another student’s clicker to answer questions for him or her is also considered cheating. If you are caught with more than one clicker in class, both clickers will be confiscated and you will both receive a 0 for course participation. All forms of cheating will be reported to the university for appropriate action.

**Psychology Department's Position on Academic Misconduct**
Cheating, plagiarism, and other forms of academic misconduct are serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. First, the Department uses software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students’ responses. In addition, the Department subscribes to Turnitin, a service designed to detect and deter plagiarism. All materials (e.g., papers, lab assignments) that students submit for grading may be scanned and compared to over five billion pages of content located on the Internet or in Turnitin's own proprietary databases. The results of these comparisons are compiled into customized "Originality Reports" containing several, sensitive measures of plagiarism; instructors receive copies of these reports for students in their class.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student’s transcript.

If you have any questions as to whether or not what you are doing is even a borderline case of academic misconduct, please consult me. For details on pertinent University policies and procedures, please see Chapter 5 (“Policies and Regulations”) in the UBC Calendar (http://students.ubc.ca/calendar).

**Access and Diversity**
UBC is committed to equal opportunity in education for all students including those with documented physical disabilities or learning disabilities. If you have a disability that affects your learning or performance on tests or exams please visit http://students.ubc.ca/about/access and take the necessary steps to ensure your success at UBC.

**Helpful Resources**

**The Kaleidoscope:**
the-kaleidoscope.com
A confidential peer-run mental health support group that takes place on campus at least once a week. You may attend the group if you are experiencing any kind of mental health related challenges, or if you’re just feeling stressed about school in general. Registration is not required to attend the group. See the website for meeting times and locations. Food and drink are provided.

**Counselling Services:**
students.ubc.ca/livewell/services/counselling-services
Phone number: 604-822-3811
Counselling services offers a variety of resources to help you maintain your mental health while in school. You may see a counsellor on an individual basis, attend group counselling, or to document an illness if you should require academic concession.

SpeakEasy:
ams.ubc.ca/services/speakeasy/
Phone number: 604-822-9246
A student run service that offers confidential support for students experiencing crisis. Also a good resource for additional information and referrals within the UBC community.

SHARE:
www.vivreshare.org
Self Harm Anonymous Recovery and Education is a program designed to promote self care and educate about self harm. SHARE support groups meet biweekly; times and locations can be found on their website.

UBC Wellness Centre:
students.ubc.ca/livewell/services/wellness-centre
Phone number: 604-822-8450
Speak with other students about tips for managing stress, keeping healthy sleep and eating patterns, concerns about safe sex and more.

Access and Diversity:
students.ubc.ca/about/access
604-822-5844
Access and Diversity provides accommodations for students living with physical or mental disabilities.

Student Health Services:
students.ubc.ca/livewell/services/student-health-service
604-822-7011
Student health provides students with a variety of healthcare related services to help you maintain your health while studying. Access to doctors and registered nurses.

Mood Disorders Clinic UBC:
ubc-mooddisorders.vch.ca/
A psychiatric program designed specifically to treat individuals living with depression or bipolar disorder.

Live Well, Learn Well:
students.ubc.ca/livewelllearnwell
The Live Well, Learn Well initiative is a resource hub that provides students with information to help improve physical and mental wellbeing.

Mental Health Awareness Club:
ubcmhac.sites.olt.ubc.ca/
A club that offers opportunities to speak about mental health with others and strives to promote mental awareness throughout the UBC community.

Pacific Spirit Addiction Services:
3rd Floor, 2110 West 43rd Ave Vancouver B.C. V6M 2E1
Phone number: 604-267-3970
A free and confidential service for youth and young adults up to the age of 24. Services include counselling, access to an addiction physician - including usage of a methadone maintenance program - and a drug education series.

**AMS Food Bank:**
ams.ubc.ca/services/food-bank/
If you are in a financial emergency AMS food bank can provide you with a food hamper. You are able to use the service up to 6 times each term.

**UBC Psychology Clinic:**
clinic.psych.ubc.ca
Professional psychological services provided to the community, including assessment & treatment for children, adults & families by clinical psychology trainees.

**BC Crisis Center:**
crisiscentre.bc.ca
Phone number: 604-872-3311
Non-profit, volunteer-driven organization that provides emotional support to youth, adults, and seniors in crisis in BC. Crisis line available 24/7.

**Distress Line:**
Phone number: 1-800-Suicide (784-2433)
If you are in distress or are worried about someone in distress who may hurt themselves, call 1-800-SUICIDE 24 hours a day to connect to a BC crisis line, without a wait or busy signal.

### Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>In-Class Topic</th>
<th>Reading &amp; Assignments</th>
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<tbody>
<tr>
<td>1</td>
<td>Wed Sept 5</td>
<td>Introduction</td>
<td>Syllabus</td>
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<tr>
<td></td>
<td>Fri Sept 7</td>
<td>History of Psychology</td>
<td>Ch. 1</td>
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<tr>
<td>2</td>
<td>Mon Sept 10</td>
<td></td>
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<td></td>
<td>Wed Sept 12</td>
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<tr>
<td></td>
<td>Fri Sept 14</td>
<td>Research Methods</td>
<td>Ch. 2</td>
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<tr>
<td>3</td>
<td>Mon Sept 17</td>
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<td></td>
<td>Wed Sept 19</td>
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<tr>
<td></td>
<td>Fri Sept 21</td>
<td>Midterm 1 (Ch. 1 &amp; 2)</td>
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<tr>
<td>4</td>
<td>Mon Sept 24</td>
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<td></td>
<td>Wed Sept 26</td>
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<td></td>
<td>Fri Sept 28</td>
<td>Neuroscience</td>
<td>Ch. 3</td>
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<tr>
<td>5</td>
<td>Mon Oct 1</td>
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<td></td>
<td>Wed Oct 3</td>
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Schedule is subject to change as term progresses. Updates will be announced in class.

### Important

The Final Exam will take place during the final exam period, which runs from Tuesday, December 4 to Wednesday, December 19. Saturdays are included in the final exam period. Your attendance at the final exam is mandatory.

You should not make travel plans until you learn the date of your final exam. You cannot take the final at a different date/time unless you have a verifiable medical reason.