PSYC 101

DR. SIMON LOLLIOIOT

slolliot@psych.ubc.ca

OFFICE: ORCH 3005

OFFICE HOURS:
Online: Thursdays: 7pm to 8pm
In-person: Wednesdays: 4:30pm - 5:30pm
CLASS TIMES
Fridays
9am to 12pm
Orchard 4074

DISCUSSION TIMES
Thursdays
V1A: 10:30 - 11:30 ORCH 3052
V1B: 11:30 - 12:30 ORCH 3052
V1C: 11:30 - 12:30 ORCH 4016

CLASS AND SECTION TIMES

CLASS TIMES
Tues & Thurs
13:00 - 14:30
Orchard 1001

DISCUSSION TIMES
Thursdays
V1D: 14:30 - 15:30 ORCH 4002
V1E: 15:30 - 16:30 ORCH 4002
V1F: 15:30 - 16:30 ORCH 3052
DO YOU...

...wonder how we know things?

...how the same colour looks different to different people?

...want to be able to read people's minds?

...want to know how thoughts are formed?

...want to know what causes mental illness?

...want to learn how to use more than 10% of your brain's capacity?

...want to learn how to spot fake news?

Yes?*

Then you've registered in the right course

* Except for reading people's minds. I can't teach you to do that...
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What is this course about?

Our minds are phenomenal.

Where do our thoughts come from? What is consciousness? How can sights and sounds stir different emotions in different people? Why do the lines on this picture look skew when they are ALL straight? An even more fundamental question is what do the different parts of our brain even do??? Are all of these phenomena biologically hardwired and/or does our environment influence our biological functions?

In this course, we will explore the cognitive and biological processes that produce our conscious and unconscious experiences.

My primary goal for PSYC 101 is to introduce you to the various fields that make up biological and cognitive psychology. We'll start with an introduction to the history of psychology, followed by investigating the research methods that allow us to study the mind and human behaviour. After this, we will delve into the biology behind psychology, different states of consciousness, sensation & perception, learning, memory, and much more!
SECTION V01

TAs

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Yu Luo  
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AEP INSTRUCTOR

Brett Todd  
ORCH 3013

For office hours, e-mail Brett at  
brett.todd@ubc.ca

Won Kim  
ORCH 3019

For office hours, e-mail Won at  
won.kim@ubc.ca

To book an AEP tutorial with Brett and/or Won to discuss any written work, follow this link:

https://ubc.mywconline.net
SECTION V02

TAs

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Jessica Luk
jessicaluk997@gmail.com

AEP INSTRUCTOR

Amber Shaw

ORCH 3013

For office hours, e-mail Amber at
amber.shaw@ubc.ca

To book an AEP tutorial with Amber to discuss any written work, follow this link:

https://ubc.mywconline.net
What will classes be like?

Classes will mainly take the form of a lecture. However, I do make the class as interactive as possible by asking questions and using various technologies to bring you into the class. For our classes to be successful, I require two things: 1. please come prepared having done the pre-readings, and, 2. participate in class! (please) ;)

I will do my best to post slides before class. I often leave blanks at strategic places in the slides for you to fill in and, every now-and-then, you will see a slide marked "secret slide"; this is because I have something sneaky planned. I will upload full versions of the slides after every class!

What will I be basing the lectures on? I understand that university is expensive. So I have found a textbook that is excellent and free (double excellent)!!! Moreover, this textbook can be viewed on the web, downloaded as an epub or pdf. You are welcome to print it if you prefer a print version. And I have even turned it into a file for your kindle. Awesome.

8.
1. Introduction to Psychology (Ch. 1)  
   -- where did it all start?

2. Psychological Research (Ch. 2)  
   -- what methods do we use to explore the inner worlds of our minds?

3. Biopsychology (Ch. 3)  
   -- what are the different parts of our body that contribute to our psychology?

4. States of Consciousness (Ch. 4)  
   -- what is consciousness?

5. Sensation & Perception (Ch. 5)  
   -- is how we sense the world how we also perceive it?

6. Learning (Ch. 6)  
   -- what is learning?

7. Thinking & Intelligence (Ch. 7)  
   -- what is thinking and how do we use it to solve problems?

8. Memory (Ch. 8)  
   -- How does memory function and how can we enhance it?
brief course outline

07 September
Class Starts! Whoop!

Oct 20th
MIDTERM 1
Chapters 1, 2, & 3

Nov 17th
MIDTERM 2
Chapters 4 and 5

December 1
Class ends...
D:

Final Exam
DATE: TBC
Chapters 6, 7, & 8
Course Grade Information
<table>
<thead>
<tr>
<th>Course</th>
<th>Due Date</th>
<th>Percentage of Total Mark</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 101</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Summary Notes and Questions</strong></td>
<td>26 Sep; 5 Oct; 19 Oct; 7 Nov; 16 Nov; 23 Nov; 30 Nov</td>
<td>10% (2% each; 1% for handing in)</td>
</tr>
<tr>
<td><strong>Activity Assignment I</strong></td>
<td>Part I</td>
<td>23 September</td>
</tr>
<tr>
<td></td>
<td>Part I &amp; II</td>
<td>7 October</td>
</tr>
<tr>
<td><strong>Activity Assignment II</strong></td>
<td>8 December</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Attendance &amp; Participation (lecture)</strong></td>
<td>Throughout Term</td>
<td>6%</td>
</tr>
<tr>
<td><strong>Attendance &amp; Participation (workshops)</strong></td>
<td>Throughout Term</td>
<td>6%</td>
</tr>
<tr>
<td><strong>Research Credit</strong></td>
<td>End of Term</td>
<td>2% (can earn additional 3%)</td>
</tr>
<tr>
<td><strong>Midterm I</strong></td>
<td>20th October</td>
<td>19% (all multiple choice)</td>
</tr>
<tr>
<td><strong>Midterm II</strong></td>
<td>17th November</td>
<td>19% (all multiple choice)</td>
</tr>
<tr>
<td><strong>Final Exam</strong></td>
<td>TBD</td>
<td>21%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>103%</strong></td>
</tr>
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EXAM INFO

Midterms (2 X 19%) & Final Exam (21%)

Exams will be multiple choice and are non-cumulative. This means that the chapters covered by the first midterm will NOT be tested in the second midterm or final exam.

You will be tested on topics covered both in the lecture and in the text. Please note you will be tested on material from the book that we do not cover in lecture. The text is very readable and complements the material we will discuss.

Make-up Exams

With the exception of the final exam, midterms will take place during regular schedule class time in our lecture room. You must take exams on the date and time they are scheduled. Make-up exams will not be allowed for trips out of town or for sleeping late. The only case that I will allow a make-up exam for is due to illness on the day of the exam. If this occurs you must:

(a) inform me that you will be unable to take the scheduled exam prior to the exam time and

(b) obtain a doctor's note.

Make-up exams must be completed within one week of the scheduled exam. To request a make-up exam, e-mail your section's TA and cc me, please.
A note on class materials and exams

Classes are designed to cover and extend on what is in the textbook. This means that we will be covering some things that do not appear in the textbook. But, because there is a lot to cover, we also will not get to cover everything in the textbook.

This means that to be successful in this course you must carefully read the text and consistently attend every lecture.

And please note - unless otherwise stated, everything in the chapters we cover in the textbook and what we cover in class is examineable.
ACTIVITY ASSIGNMENTS

You will be required to complete two activity assignments during the course. These assignments are designed to help you think more deeply about some of the topics we discuss in this course in a fun, insightful, and interactive way.

Assignment 1: 12%

The first assignment will have you conduct some research and write up your findings as a research article. This assignment is divided into two parts: the first part requires you to collect some data and enter it online (I will provide the link). I will then present all your data in class. For the second part of the assignment, your task will be to write up the results like a journal article. I will announce the assignment in class and provide you with all the information you will need to successfully complete this project.

Important Dates

Assignment Announced - 14 September (in class)
Part 1 Due - 23 September (link provided on worksheet)
Part 2 Due - 7 October (www.turnitin.com; see later in the syllabus)

Remember: You can make an appointment with your AEP instructor to make use of your to get feedback on your writing!
ACTIVITY ASSIGNMENTS

Activity Assignment 2: 5%

This assignment will be done in collaboration with your GEO 121 course! During this course, you will go on a walking tour. Your task will be to take a photograph relating to the subject material that we cover in week 8, write a small piece on why / how you feel the photograph relates to the subject, and what ethical considerations you took while taking the photograph (we’ll cover ethics in psychology in Week 4 - so be sure to pay attention during this class!).

Assignment Announced - 19th October (in class)
Due Date - 8 December (www.turnitin.com; see later in the syllabus)

WRITING ASSISTANCE

Remember to make use of your AEP instructor for these assignments! They can provide valuable feedback on your writing! To make use of this, make an appointment with your AEP instructor using the information below:

Brett Todd
Email: brett.todd@ubc.ca
Office: ORCH 3007

Won Kim
Email: won.kim@ubc.ca
Office: ORCH 3019

Amber Shaw
Email: amber.shaw@ubc.ca
Office: ORCH 3013

Tutorial by appointment at https://ubc.mywconline.net
SUMMARY NOTES AND QUESTION DEVELOPMENT (10%)

For Chapters 2 and 3, I will give you a list of topics that will cover. I would like you to choose ONE of those topics (in each chapter) and write a short 200 word summary on it and how it relates to your life (and submit it on Canvas). This is based on research showing that this type of writing leads to better retention.

Teaching is often the best way to learn something. So, for Chapters 4 and 5, I would like you to make up your own multiple-choice questions (MCQs) and submit it to PeerWise.

For Chapters 6, 7, and 8, I will let you choose if you want to write a short note or develop more multiple choice questions.

The sheets with all the instructions will be posted on Canvas well in advance.

**Due dates**
Ch 2 summary: 26 September
Ch 3 summary: 5th October
Ch 4 MCQs: 19th October
Ch 5 MCQs: 7th November
Ch6 MCQ / Summary: 16th November
Ch 7 MCQ / Summary: 23rd November
Ch 8 MCQ / Summary: 30th November

You are required to submit all 7 assignments but only your top 5 will count towards your grade.

LECTURE & DISCUSSION SECTION ATTENDANCE (2 X 6%)

You will be assessed on your level of engagement and participation in the lectures (6%) and during your discussion session (6%). I will use an online (free!) polling system to make the class more interactive.
RESEARCH EXPERIENCE COMPONENT: 2 - 5%

I get quite excited about this part...

Throughout the term, we are going to be covering some really cool research; many of these findings have a profound effect on our day-to-day lives. Research, however, needs participants. As part of the course, you will be asked to complete a research experience component (REC) as way of introducing you in a 'hands-on' way to the research process.

This component is worth between 2 to 5% of your total grade. I require a minimum of 2% which translates to 2 hours of participating in studies (each hour you participate is worth 1%). Because I am cool, you can earn an additional 3% credit by participating in an extra 3 hours of study! This means you could achieve 103% for this course. Whoop!

To create an account, and sign up for studies, go to

https://ubc-psych.sona-systems.com

Further instruction on how to use the HSP online system can be found at http://psych.ubc.ca/internal/human-subject-pool/ in the document entitled “Subject Pool Information for Participants.” Who knows, a study that you participate in may very well help shape our understanding of the human experience in a profound way.
**Grading Policy**

Faculties, departments and schools reserve the right to scale grades in order to maintain equity among sections and conformity to university, faculty and department or school norms. **Please note** that the unofficial grades you will receive from me, the instructor, might be changed by the faculty, department or school. Grades are not official until they appear on the student’s academic record. If necessary, the grades from this course will be scaled (curved) to obtain an average between 65-67%, with an SD of 14%.

<table>
<thead>
<tr>
<th>Class Performance</th>
<th>Mean</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strong class</td>
<td>67%</td>
<td>14%</td>
</tr>
<tr>
<td>Average class</td>
<td>65%</td>
<td>14%</td>
</tr>
<tr>
<td>Weak class</td>
<td>63%</td>
<td>14%</td>
</tr>
</tbody>
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**Turnitin.com**

You will be required to submit your completed activity assignment 1 to turnitin.com. Turnitin is a website that checks for evidence of plagiarism (work that is directly copied and pasted). It checks writing against over 20 billion websites, 220 million other student papers, and 90 000 publications. So please make sure to do your own work! Plagiarism is a serious offence - see the next page.

To access turnitin.com, you will first need to create an account with turnitin. To create an account, you will need the information provided below for your section:

- Class ID V01: 16253324
- Password: psyc_ftw
- Class ID V02: 16253313
- Password: psyc_ftw

**Normal Distribution**

**Paranormal Distribution**
alternative to REC library assignment

As an alternative to participating in research, you can instead choose to complete two library writing projects (worth 1% point each). For this assignment, you will read and summarize two research articles. You must select a research article (not a letter to the editor, commentary, or review paper) published between 2000-present in the journal *Psychological Science* – one of the disciplines’ leading journals. Each summary should be about 500 words and should describe the purpose, method and results of the study in your own words.

You can also submit 3 additional research summaries to receive 3 bonus percentage points and a total of 5% for this component of the class.

Please see the “Subject Pool Information for Participants” document found at http://www.psych.ubc.ca/resguide.psy for further instructions.

If you choose the library option, you must submit your summaries and a copy of the articles to turnitin.com no later than the last day of class (December 1, 2017).

honour code

**ALL** written work must be the result of your independent work (or collaborative work with your named partner on an assignment). Evidence of cheating or plagiarism (from a published or online source or from another student) will result in an immediate zero in the class and notification to University authorities.

**Please** familiarize yourself with the definition of plagiarism and the penalties at UBC:

http://artsone.arts.ubc.ca/resources/ubc-plagiarism-policy/?login

http://vpacademic.ubc.ca/integrity/ubc-regulation-on-plagiarism/