COURSE OUTLINE

Psychology 401, Clinical Psychology, Section 202, Jan-April 2018

When: M/W/F 12:00 to 1:00       Where: Woodward 5

Instructor: Dr. Wolfgang Linden
3108 Kenny Bldg; 604-822-4156; wlinden@psych.ubc.ca
Office Hours: Dr. Linden – Wednesday 3:00 to 4:00 PM or by appointment
Teaching Assistants: PSYC401-202

Brianne Glazier        briglazier@psych.ubc.ca
Eric Mercadante       eric.mercadante@psych.ubc.ca
TA office hrs tba and/or by appointment

Course webpage is on Connect and if you are enrolled in the class you have access. Please note that I will occasionally use email notifications; if you want to receive important notices about the class, make sure your email address as given at time of registration continues to be correct.

The required text for the course is Linden W, Hewitt PL (2011) Clinical Psychology: A Modern Health Profession (First Edition). Now released by Taylor & Francis, USA (you may save money by buying a used book or the previous version published by Pearson; the content has not changed)

Additional readings might be assigned during the course and will be announced in class. Other class information is provided in class and/or shared via e-mail. Please note that attendance in class is expected but not mandatory but you should know that there will be material offered in class that is not in the book.

Class format. Given the large class size, I will use a format that is a blend of question & answer and lecture; I will try to raise points of discussion during the lectures and questions are very much encouraged.

Prerequisite. It is assumed that students have taken Psyc 300 Abnormal Psychology or its equivalent. If you are registered without meeting this prerequisite I will not prevent you from taking my course but it will be exclusively your responsibility to catch up where needed.

Course objective. This course is designed to [1] orient students to the field and the profession of clinical psychology. We will cover current knowledge, standards and evidence-based practices. Students learn about theoretical approaches, common assessment and treatment activities of clinical psychologists, and gain an appreciation for the current issues in these areas. Students will be briefly introduced to clinical subspecialties. [2] Ultimately, students are meant
to learn how to think like a clinical psychologist and to see the profession as a harmonic integration of scientific evidence, skill, ethical decision-making and sound intuition.

Evaluation
1) Two exams. The first exam is **Friday February 16, 2018** and is worth 30% of the grade. The second exam is during the April **scheduled exam period** and is worth 40% of the grade. Exams cover material presented in the text and assigned readings, as well as in lectures and other class presentations and activities (e.g., guest lectures, videos). Exams consist of definitions **and** short answer questions. Students must attend scheduled exams. The only exception is emergencies and documentation is required in all such cases. If you miss an exam, and do not have a valid reason, you will not receive credit for the exam. Exams will be handed back and the scoring key will be briefly reviewed in class but, as per university policy, students are not allowed to keep the exams. Students can conduct further review of exams during office hours with the TA or the instructor. Should there be addition errors or major oversights your grade will be promptly adjusted. There will be no haggling over minor differences in opinion about what the right grade is and exam viewing is strictly for educational purposes. Requests for final grade changes must be made through the Registrar.

2) One brief (i.e., 5 page) paper (double-spaced, excluding title page and references, and written in APA format). The paper is worth 30% of the grade. The paper will address psychological treatments, and students will have a choice of specific topic. You will be given more details regarding the papers in class on **Monday Feb 26, 2018**, after the Spring Break. The paper will be due **Mon March 26, 2018**. After papers and exams are returned, students have 2 weeks to request re-evaluation if there is strong reason to suspect errors. Late papers are not accepted unless accompanied by a very good reason and students need to explain the reason to the instructor in advance of the due date if possible. Students submitting work late without good reason will be penalized 5 of the 30 marks per day late, including weekends.

Policies
Laptops and phones: Laptops and tablets can be useful for taking notes and referring to e-versions of the textbook or websites mentioned in class. However, they are also distracting, both to students who use them and to students sitting nearby. Many students multitask during class, checking social networking websites or even watching movies during class! A laptop or tablet is NOT required for any aspect of participation in this class. If you think you might be distracted by other apps during class time, I recommend that you (a) take notes on paper and (b) leave your phone in your backpack to eliminate this possibility. Turn your cell phone off during class; don’t expect a friendly response from me if I hear your phone ring. Although it is possible to multitask while doing mundane activities (e.g., watching TV while cooking), multitasking while trying to engage in class will demonstrably interfere with learning. Still, you are an adult and make your own choices. I ask this: if you choose to multitask on your laptop or tablet during class, please sit in the back. I have received numerous complaints from students who find a changing visual display to be distracting to them as they try to focus during class.
Academic Accommodation: The University accommodates students with disabilities who have registered with Disability Services. The University also accommodates students whose religious obligations conflict with attendance, submitting assignments, or completing scheduled tests and examinations. It is your responsibility to let me know in advance, preferably in the first week of class, if you will require any accommodation on these grounds. Students who plan to be absent for varsity athletics, family obligations, or other similar commitments cannot assume they will be accommodated and should discuss their commitments with me before the drop date. If, during the semester, you develop a problem that may require academic accommodation, you should inform the instructor and visit Disability Services as soon as possible. Everything goes much more smoothly if you make arrangements in advance of exams or assignment due dates.

Late Assignments: Late assignments, except those accompanied by a physician’s note documenting the student’s illness along with the specific dates of incapacity, will be docked 20% of the maximum possible grade per day late.

The in-class examinations will be given only on the published date. There will be no pre-scheduled makeup for the in-class exams. Students who are unable to take an in-class exam due to a medical emergency must provide a physician’s note documenting the illness and dates of inability to participate in schoolwork. If I offer an opportunity to complete a missed test at a later date, it will be in the form of an oral exam held by the TA and the instructor. In cases of extended medical disability only, I will waive the missed exam, and the final mark will be adjusted accordingly, provided student and instructor have discussed this in person. Students who miss the final examination must apply for academic concession from Arts Academic Advising or Disability Services. Makeup final examinations are unlikely to use multiple choice questions.

Academic Misconduct: Cheating, plagiarism, and other forms of academic misconduct are very serious concerns, and the University and Department of Psychology have taken steps to alleviate them. Please review the section on Academic Misconduct in the UBC Calendar for the policy on cheating, plagiarism, and other forms of academic dishonesty. Also visit the Guide to Academic Integrity for discussion of academic integrity, including tips on avoiding plagiarism and consequences of academic misconduct.

The Psychology Department has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students’ responses. In addition, for written assignment to the course website, they will be checked for originality by TurnItIn, a service UBC uses to detect and deter plagiarism.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. In cases of academic misconduct, UBC has the right to impose harsher penalties including (but not limited to) a failing grade for
the course, suspension or expulsion from the University, cancellation of scholarships, or a notation on a student’s transcript.

All graded work in this course is to be original work done independently by individuals. If you have any questions as to whether what you are doing is even a borderline case of academic misconduct, please consult one of the teaching assistants. For details on pertinent University policies and procedures, please see the Student Conduct and Discipline section of the UBC Calendar and University Policy 85.

**Extra Credit:** Psych 401 does not participate in extra points for research participation.

Students should **retain a copy** of all submitted assignments (in case of loss) and in case they wish to apply for a Review of Assigned Standings.

**Expected Timing of Topics and corresponding Textbook Chapters**

Jan 3 - 5  Careers and ongoing themes in Clinical Psychology 1 and 2
Jan 8 - 12  Methods for research and evaluation 3
Jan 15 - 22  Ethics and Standards CPA Code of Ethics 4

Jan 24 - 31  Assessment Overview 6
Feb 2 - 7  Assessment: Interviews & Observations 7
Feb 9 - 14  Assessment: Standardized Testing 7, 8 (Feb 12, no class, Family Day)

Feb 16 Thurs  Test 1

Feb 19 - 23  Mid-Term break

Feb 26 – Mar 7  The process of psychotherapy and principles of outcome evaluation 10, 13
Mar 9-23  Interventions with Adults 11, 12

Paper Due  Mon March 26, 2018

Mar 26 - 28  Interventions and outcomes 13

**No classes on Mar 30 and April 2, Easter**

April 4 - 6  Interventions and outcomes in medical environments 17

**Second and Final exam in April, scheduled by the Registrar**