



Psychology 102: V01

Introduction to Developmental, Social, Personality,
& Clinical Psychology

Vantage College Arts Winter 2017

WHO?

INSTRUCTOR:

Lillian (**Lily**) May
lamay@psych.ubc.ca
Office: Orchard Commons 3005
Office Hours: Mondays & Wednesdays
11am-12pm, & by
appointment

VANT140 INSTRUCTOR:

Brett Todd
brett.todd@ubc.ca
Office: Orchard Commons 3007
Office Hours: Book online through
<https://ubc.mywconline.net/>

TEACHING ASSISTANTS:

To-be-announced

WHEN?

LECTURE:

Wednesdays, 4-5:50pm
Hennings 202

DISCUSSION SECTIONS:

V1A: Thursday 2-3:50pm, Orchard
Commons 3052
V1B: Thursday 2-3:50pm, Orchard
Commons 3058
V1C: Thursday 4-5:50pm, Orchard
Commons, 3052
V1D: Thursday 4-5:50pm, Orchard
Commons, 3058
V1E: Friday 12-1:50pm, Orchard
Commons, 4072
V1F: Friday 12-1:50pm, Orchard
Commons, 3058
V1G: Friday 3-4:50pm, Orchard
Commons, 3052
V1H: Friday 3-4:50pm, Orchard
Commons, 3058

WHAT?

Psychology 101 is intended to introduce you to psychology, the scientific study of behaviour. The course covers several fundamental topics in psychology, such as emotion, social behaviour, intelligence, motivation, development, and personality. The course concludes with the topic of psychological disorders and their treatment.

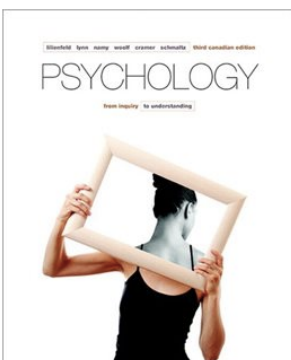
LEARNING GOALS

By the end of this course, you should be able to:

1. Describe some of the classic and contemporary research in the following subfields of psychology: Developmental Psychology, Social Psychology, Personality Psychology, and Clinical Psychology.
2. Define and identify mental disorders.
3. Apply psychological concepts to real-life experiences.
4. Access and use the literature databases that house psychological research and writings.
5. Identify, read, and summarize psychological research articles.
6. Think critically about psychological research.
7. Use APA citation style effectively.

COURSE MATERIALS

REQUIRED: TEXTBOOK



Lilienfeld, S.O., Lynn, S.J., Namy, L.L., & Woolf, N.J. (2016). *Psychology: From Inquiry to Understanding*. Third Canadian Version.

We will continue to use the same textbook as term 1.

REQUIRED: i>CLICKER

This tool will be used for questions and polls during lectures. The i>Clicker can be purchased at the UBC bookstore—used or new.



You must register your i>Clicker on Connect in order to get course credit for your use of the i>Clicker.

REQUIRED: MYPSYCHLAB

This online learning component will come bundled with your textbook if you buy it at the UBC bookstore. It allows you to view the textbook eBook, access video and simulation materials, and more. You will also complete review quizzes on MyPsychLab for course credit.

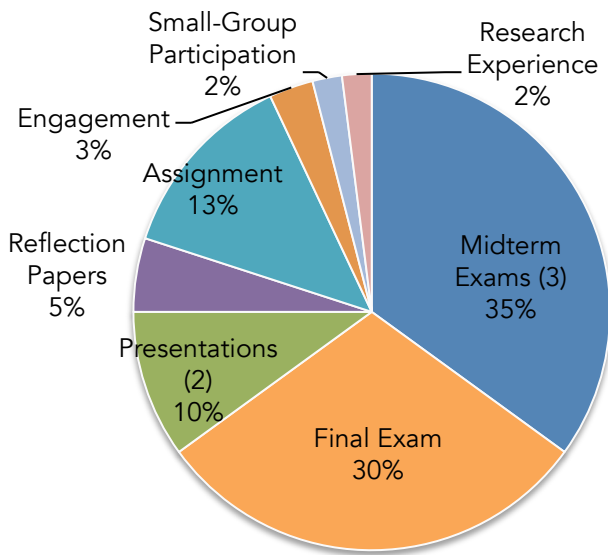
MyPsychLab can be accessed/purchased through the Connect website.

REQUIRED: COURSE WEBSITE

<http://www.connect.ubc.ca>

You are responsible for checking the course website regularly throughout the term. You use your CWL to log in. This is where you can download the lecture slides and posted readings and see important announcements. Lecture slides will be posted as PDFs. Grades will also be posted to the website in a timely manner.

EVALUATION



EXAMS: 65%

There will be three midterm exams (written during class time) and one final exam (to be written during the exam period at a time designated by the Registrar's Office—you must be available at any time during the April exam period).

Midterm Exams (35%)

- **First Midterm: January 25 (up to 15%)**
- **Second Midterm: February 15 (up to 15%)**
- **Third Midterm: March 15 (up to 15%)**

Your two best midterms will each count 15% towards your final course mark. Your least successful midterm will count 5%.

Final Exam (30%): April 10-28

Notes on Exams:

- Midterms are not cumulative; the final exam is cumulative.

- There will be topics covered in class that are not in the text/readings and topics in the text/readings that are not covered in class. You will be responsible for both. That is, anything from class lecture and the text/readings can be tested on the exams.
- Exams will contain multiple-choice and short-answer questions.
- There will be no makeup exams.
- You are strongly encouraged to review your exam(s) with your TA. Most requests for grade adjustments can be settled directly with your TA. In cases of a dispute that cannot be satisfactorily resolved, the instructor will render a decision after reviewing the exam and if needed, talking to both parties.

SMALL-GROUP DISCUSSION CLASSES: 17%

Small group evaluation will be composed of three components:

1. In-Class Presentations: 10%

Presenting to an audience is an important skill for all students. To practice this ability, you (as part of a group of 2-4) will be responsible for presenting on two journal articles related to course topics. Presentations will be approximately 7 minutes, followed by questions.

The presentation schedule, assigned journal articles, and groups will be determined during your first two small group meetings.

- **First Presentation: 4%**
- **Second Presentation: 6%**

2. In-Class 5 Minute Reflection Papers: 5%

One of the goals of Psyc 102 is for you to apply critical thinking and reflect upon psychological research. Following the group presentations during small group sessions, all students will be given a reflection prompt and 5 minutes to write. In total, 12 reflection papers will be written over the term. Your top 10 papers will count towards the final course grade, with each paper worth .5%.

Excellent response papers will require students to actively attend to in-class presentations, to ask clarifying questions of the presenters/TAs when necessary, and to use original thought.

3. Participation and Engagement: 2%

You are expected to attend small-group meetings, participate in discussion, engage in activities, and act respectfully towards your TA and fellow classmates. If you miss more than 2 small-group sessions and/or fail to participate in discussions and activities, this will be reflected in your grade.

ASSIGNMENT: PSYCHOLOGY GOES TO HOLLYWOOD (13%)

Psychology provides a framework for understanding human behaviour. In this assignment, you will be asked to recognize and relate psychological concepts to a popular movie.

More information on the movie paper will be provided in your small group sessions.

- **Due April 5**

ENGAGEMENT (3%)

You will be assessed on your engagement and participation through the following:

Lecture: Attendance and In-Class Participation (3%)

Each lecture will have content that requires you to vote or answer questions using your i>Clicker. In addition, there may be in-class work and assigned homework.

If you answer >80% of i>Clicker questions throughout the term and complete all in-class work/homework, you will receive 3%. >60% will receive 2%, >40% will receive 1%.

MyPsychLab Review Quizzes

Throughout the term you will complete review quizzes ("exams") on MyPsychLab (accessed through Connect). These quizzes will cover material from assigned textbook readings and lecture. You should use your textbook and class notes to assist on the quizzes.

There are 7 review quizzes in total. You must pass (>70%) a minimum of 5 of 7 review quizzes. If you score less than 70% on more than 2 quizzes, .5% will be deducted from your final course mark for each failed quiz.

All review quizzes must be completed by 11:59pm on Sunday evening. The due dates for review quizzes are:

- **Sunday, January 15**
- **Sunday, January 22**
- **Sunday, February 5**
- **Sunday, February 12**
- **Sunday, March 5**
- **Sunday, March 12**

• **Sunday, March 26**

RESEARCH EXPERIENCE (2%; up to 3% bonus)

Psychology is an active and exciting scientific discipline. Many of the studies you will learn about in this course were carried out in universities just like UBC!

As part of this course, you will be asked to complete a research experience component (REC) as a way of introducing you to cutting-edge research in psychology. This REC will be worth 2% of your grade and you are free to choose one of two options:

1. Participate in the Psychology Department Human Subjects Pool

Most students will choose to earn their REC by spending two hours participating in psychology studies (worth 1% for each hour) through the Department of Psychology's Human Subjects Pool (HSP) system.

You can create an HSP account, locate and sign up for studies by going to <https://ubc-psych.sona-systems.com>. Please register by the end of the first month of classes to earn your first ½ hour credit by completing a brief online survey to determine your eligibility for studies.

Once you are registered in the HSP system, you will be able to browse through and select which studies you wish to participate in, sign up for available time slots, and confirm your credits afterward.

At the end of the last day of class for the term, HSP closes and you will no longer be

able to receive credits. Therefore, you should try and participate in studies and earn credits as early in the term as possible!

2. The Library Option

As an alternative to participation in HSP experiments, you may complete a library writing project. Such projects consist of reading and summarizing a research article from the peer-reviewed journal *Psychological Science*. You must summarize 1) the research question, 2) the methods, and 3) the results (in written form).

You will receive 1% for each article summary that meets the following requirements:

- The article must have been published in the journal titled *Psychological Science*.
- The article must have a publication date between the years 2000-2016.
- The article must be a research article. It cannot be a review article, a news item, a notice, or a letter to the editor.
- The summary should be approximately 500 words in length
- You must include your name, student number, course, section, instructor, and email address on each summary.
- You must log on to the HSP website (<https://ubc-psych.sona-systems.com>) and create an account before submitting your article summaries. Your course credit is assigned only if you use the online system.
- Summaries must be submitted by the last day of class
- You must submit your article and summary to turnitin.com. If you don't already have a turnitin account, you will need to create one. For the library assignment, the class ID is 9183443, class

name is *Psychology HSP (2016-2017)(Spring)*, and password is *research*. See turnitin.com for more information. Any evidence of plagiarism may result in lack of credit, and instructors will be notified. Further action may be taken by the department or university.

More information on HSP and the Library Option is available at: <http://psych.ubc.ca/internal/human-subject-pool/>

Bonus Credit (optional)

You may earn up to 3% extra credit that will be added to your final grade. These extra credit points can be earned by doing up to three additional hours of study participation in the HSP (or summarizing another three articles through the library option), in the same manner as described above.

GRADING

Your grade for each exam and assignment will be posted on Connect in a timely manner.

The Department of Psychology has adopted the following grad distributions for 100-level courses, and reserves the right to adjust final grades in this course if the distribution deviates substantially from the target.

Class Performance	Mean	SD
Strong class	67%	14%
Average class	65%	14%
Weak class	63%	14%

ATTENDANCE

In this course, material that is taught in class may be different from or supplement the course readings. It is, therefore, essential for you to attend class as well as read the text. If you do have to miss a class, you are responsible for getting notes from another student.

Attendance in lectures will be monitored via your use of the i>Clicker. Attendance in small-group meetings will be monitored by your TAs.

There will be no makeup midterm exams. If you miss the December final exam, you must apply through the registrar's office for a makeup exam ('academic concession'). It is likely they will require significant documentation to grant a makeup-exam (doctor's notes, etc.)

During your time in this course, if you encounter medical, emotional, or other personal problems that affect your attendance or academic performance, please notify us, as well as your Academic Advisor.

We participate in the Early Alert program, which helps us support students who are facing difficulties that are interfering with school. For answers to frequently asked questions regarding the Early Alert program, please visit: blog.students/ubc.ca/earlyalert/information-for-students/students-frequently-asked-questions/

ACADEMIC MISCONDUCT

UBC Vantage College's disciplinary procedures for suspected cases of academic misconduct will adhere to the University's procedures and parallel individual instructor's departmental procedures.

Definitions of cheating and plagiarism are offered at

<http://www.calendar.ubc.ca/Vancouver/index.cfm?tree=3,54,111,959>.

As per University procedures, if an instructor suspects that a student has cheated or plagiarized, the instructor will investigate the incident and meet with students to discuss the matter (see <http://www.calendar.ubc.ca/Vancouver/index.cfm?tree=3,54,111,961>). If the instructor would like another person present during the initial meeting with the student, the instructor may invite the relevant Vantage College Program Chair, the Academic English Program Director, or the Academic Director.

Depending on the results of the investigation and the meeting with the student, the instructor may decide to do one of the following:

1. Require the student to re-do work at issue or to do supplementary work;
2. Assign a grade of zero or a failing grade for the work;
3. Assign a mark less harsh than failing for the work

Where a report of the investigation and outcome of the meeting with the student would normally be submitted to a department head, the instructor will submit a

report to the Chair of the relevant Vantage College program. The Chair will forward all reports to the Academic Director of Vantage College.

If further investigation and disciplinary action are required and the suspected case of academic misconduct would normally be reported to the Dean's office, the Academic Director will meet with the student.

HELPFUL HINTS

- There are 11 classes and 8 chapters will be covered this term. This means that there will usually only be 1 lecture per text chapter—plan your reading and studying accordingly!
- Remember to use the linguistic features of psychological discourse that you explore in VANT140 for psychology in your coursework and group activities
- Productive classroom discussion and debate are encouraged.
- Lecture slides will be posted on Connect by 12am the night before each lecture. This is done as a courtesy. Please be aware, however, that it is likely changes will be made to the slides between that time and lecture the next day or items may be missing. Final versions of the slides will be posted following a lecture, and will be marked as 'Final Version.' Also note that lecture slides will not include everything discussed in lecture. If you miss a class, try to get notes from a classmate!

- Laptops and similar devices can be effective learning tools and are thus welcome in class. However, if you are using them for non-class related activities, it can be distracting for others. Please be considerate.

ACADEMIC RESOURCES

- **Vantage College Regulations:**
 - <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=12,307,0,0>
 - Information on Vantage requirements and regulations.
- **UBC Academic Regulations:**
 - <http://www.calendar.ubc.ca/Vancouver/index.cfm?tree=3,0,0,0>
 - Information on UBC regulations, including academic concession and accommodation.
- **Academic English Support Program**
 - <https://cstudies.ubc.ca/student-information/services/academic-english-support>
 - Provides free one-on-one coaching for improving Academic English. Open to all UBC students.
- **UBC Learning Commons:**
 - <http://learningcommons.ubc.ca/>
 - Offers a variety of learning and research sources for students. The website includes tutoring, workshops, study groups, and many other online tools and links to academic resources offered at UBC.

WELLNESS RESOURCES

Below you will find a list of resources you may want to utilize if you are struggling in any way to manage your responsibilities while in school or the stresses of life in general.

- **The Kaleidoscope**
 - <http://the-kaleidoscope.com/>
 - A confidential peer-run mental health support group that takes place on campus 2-3 times a week. You may attend the group if you are experiencing any kind of mental health related challenges, or if you're just feeling stressed about school in general. Registration is not required to attend. See the website for meeting times and locations. Food and drink is provided.
- **UBC Counselling Services**
 - <http://students.ubc.ca/livewell/services/counselling-services>
 - Phone: 604-822-3811
 - Counselling services offers a variety of resources to help you maintain your mental health while in school. You may see a counselor on an individual basis, attend group counseling, or to document an illness if you should require academic concession.
- **SpeakEasy**
 - <http://www.ams.ubc.ca/services/speakeasy/>
 - A student run service that offers confidential support for students experiencing crisis. Also a good resource for additional information

and referrals within the UBC community.

health awareness throughout the UBC community.

- **UBC Wellness Centre**
 - <http://students.ubc.ca/livewell/services/wellness-centre>
 - Phone: 604-822-8450
 - Speak with other students about tips for managing stress, keeping healthy sleep and eating patterns, concerns about safe sex, and more.
- **Access and Diversity**
 - <http://students.ubc.ca/about/access>
 - Phone: 604-822-5844
 - Provides accommodations for students living with physical, mental, and/or learning disabilities.
- **Student Health Services**
 - <http://students.ubc.ca/livewell/services/student-health-service>
 - Phone: 604-822-7011
 - Provides students with a variety of healthcare related services to help you maintain your health. Access to doctors and registered nurses.
- **Live Well, Learn Well**
 - <http://students.ubc.ca/livewell>
 - The Live Well, Learn Well Initiative is a resource hub that provides students with information to help improve physical and mental wellbeing.
- **Mental Health Awareness Club**
 - <http://blogs.ubc.ca/ubcmhac/>
 - A club that offers opportunities to speak about mental health with others and strives to promote mental
- **AMS Food Bank**
 - <http://www.ams.ubc.ca/services/food-bank/>
 - If you are in a financial emergency, the AMS food bank can provide you with a food hamper. You are able to use the service for up to 6 times per term.
- **BC Crisis Center**
 - www.crisiscentre.bc.ca
 - Phone: 604-872-3311
 - Non-profit, volunteer-driven organization that provides emotional support to youth, adults, and seniors in crisis in BC. Crisis line available 24/7.
- **Pacific Spirit Addiction Services**
 - 3rd floor, 2110 West 43rd Ave, Vancouver BC, V6M 2E1
 - Phone: 604-267-3970
 - A free and confidential service for youth and young adults up to the age of 24. Services include counseling, access to an Addiction Physician-including usage of a methadone maintenance program, and a drug education series.
- **Distress Line**
 - Phone number: 1-800-Suicide (784-2433)
 - If you are in distress or are worried about someone in distress who may hurt themselves, call 1-800-SUICIDE 24 hours a day.

COURSE SCHEDULE

Subject to Change

January 2017

Sunday	Wednesday	Small Group	140
	4 Course outline and expectations	No small group sessions	Exploring the library/finding articles
8	11 Chapter 9: Intelligence & Testing	Group formation & assignment information; Intelligence tutorial	Finding articles/determining "worth" of journal articles
15 Chapter 9 MyPsychLab review quiz due @11:59pm	18 Chapter 10: Human Development	Example presentation from TA; APA tutorial	Textual and linguistic features of journal articles
22 Chapter 10 MyPsychLab review quiz due @11:59pm	25 Midterm #1	No small group sessions	Assessment: determining worth of journal articles
29			

February 2017

Sunday	Wednesday	Small Group	140
	1 Chapter 11: Emotion & Motivation	Group presentations; Finding research tutorial	Review of logical fallacies/ applying critical thinking

5	8		
Chapter 11 MyPsychLab review quiz due @11:59pm	Chapter 12: Stress, Coping, & Health	Group presentations; Stress tutorial	Application of critical thinking skills
12	15		
Chapter 12 MyPsychLab review quiz due @11:59pm	Midterm #2	No small group sessions	Application of critical thinking skills, continued
19	22		
	NO CLASS: Reading Break		
26			

March 2017

Sunday	Wednesday	Small Group	140
	1		
	Chapter 13: Social Psychology	Group presentations; Social psychology tutorial	Intro to multimodal assignment
5	8		
Chapter 13 MyPsychLab review quiz due @11:59pm	Chapter 14: Personality	Group presentations; Personality tutorial	Intro to multimodal assignment, continued
12	15		
Chapter 14 MyPsychLab review quiz due @11:59pm	Midterm #3	No small group sessions	Groupwork on assignment
19	22		
	Chapters 15 & 16: Psychological Disorders & their Treatment	Group presentations; Disorders tutorial/debate	Groupwork/presentation/ assessment

26	29		
Chapter 15 MyPsychLab review quiz due @11:59pm	Chapters 15 & 16: Psychological Disorders & their Treatment	Group presentations; Course evaluations	Groupwork/presentation/assessment

April 2017

Sunday	Wednesday	Small Group	140
2	5	No small group sessions	Cross-course assessment
	Chapters 15 & 16: Psychological Disorders & their Treatment <i>Assignment Due</i>		

Final Exam to be written during April exam period (April 10-28)