

PSYC 102: Section 202

Introduction to Developmental, Social, Personality, and Clinical Psychology

Monday, Wednesday, Friday
8:00 – 8:50 AM
Room: CIRS 1250

Your Instructors



Ashley Whillans

September 7 - October 5

Ashley is a PhD candidate in social and health psychology. She studies how people can best spend their time and money to maximize physical health and happiness.



Julia Van de Vondervoort

October 7 - November 4

Julia is a developmental psychology PhD student. She studies infants' and young children's social and moral evaluations.



Sara Colalillo

November 7 - December 2

Sara is a PhD student in clinical psychology. She studies parent-child interactions and how these relate to family functioning in families of children with and without ADHD.

Instructor Email: psyc102@psych.ubc.ca

Instructor Office Hours: Mondays 9:00 AM - 11:00 AM, PONDEROSA ROOM 4038A

Your TA



Joanne Park

TA Email: j.park@psych.ubc.ca

TA Office Hours: By Appointment: *Your TA is available to answer questions about content and assignments.*

Your Course Objectives

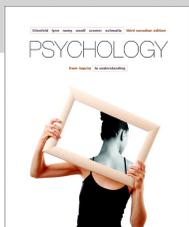
This course will introduce you to psychological science, with a focus on the social, developmental, and health aspects of psychology. This course is team-taught by three advanced graduate students, each bringing special expertise to their lecture content. We will begin with an introduction to psychology and research methods, and then explore topics including (1) social and personality, (2) stress, coping, and health, (3) development in infancy and early childhood, and (4) psychological disorders and treatment. We will focus on developing the skills necessary to be critical consumers of psychological science.

Your Learning Objectives

By the end of this course, you will be able to:

1. Understand and explain good psychological science research practices
2. Describe theories and research on social and personality psychology
3. Describe how changes occur across development, focusing on the changes in the physical, cognitive, social and moral domains
4. Describe the core features and understand the psychological experience of a variety of mental disorders
5. Appreciate applications of psychological science to everyday life

Your Learning Tools



Required Textbook

Lilienfeld, S. O., Lynn, S. J., Namy, L. L., Woolf, N. J., Cramer, K.M., & Schmaltz, R. (2017). Psychology: From Inquiry to Understanding. *Third Canadian Edition*. (ISBN: 978-0134379098). **Plus MyPsychLab with Pearson eText.** We do not recommend that you use any other edition of the textbook as there may be differences in material. You may purchase a hard copy from the Bookstore, or you can purchase an electronic only version.

Your Learning Tools (Continued)

Required Online Resource

When you purchase your textbook from the Bookstore, be sure to purchase a copy bundled with an access code to your required online learning resource **MyPsychLab**. Do NOT misplace this access code, as it is not replaceable. If you purchase a used version of the textbook you will have to purchase access to *MyPsychLab* separately, as it is mandatory for this course. You can purchase access to *MyPsychLab* at the following site: <http://www.pearsonmylabandmastering.com/northamerica/mypsychlab/>. *MyPsychLab* is included when you purchase the electronic only version of the textbook.

Course Websites

We have a Connect website at: elearning.ubc.ca/connect, where we will post lecture slides before class and updated versions of lecture slides (if necessary) after class. The majority of the course materials (e.g., this syllabus, additional readings, links) and announcements (e.g., minor changes to topics) will be accessed through the Connect website. You will also be able to connect to *MyPsychLab* via the “Pearson’s My Lab & Mastering” link on the left-hand side of the Connect page.

MyPsychLab Tips

Assignments on *MyPsychLab* count for participation grades in this course, thus please familiarize yourself with how to use *MyPsychLab*. A couple of tips: (1) Update all of the applications on your browser to ensure *MyPsychLab* works properly, (2) Select “Sync My Timezone” on the *MyPsychLab* main page. Otherwise, your assignments could appear to be turned in late.

Your Grades

Requirement	Due Date	Percentage
<i>MyPsychLab</i> Exercise	Friday, September 14 @ 11:59PM	2
<i>MyPsychLab</i> Summative Quiz	Friday, September 23 rd @ 11:59PM	3
Exam 1	Wednesday, October 5 IN CLASS	25
<i>MyPsychLab</i> Exercise	Friday, October 21 @ 11:59PM	2
<i>MyPsychLab</i> Summative Quiz	Friday, October 28 @ 11:59PM	3
Exam 2	Friday, November 4 IN CLASS	30
<i>MyPsychLab</i> Exercise	Wednesday, November 16 @ 11:59PM	2
<i>MyPsychLab</i> Summative Quiz	Friday, November 25 @ 11:59PM	3
Exam 3	During Exam Period	30
Bonus Research Experience Component (REC)	See Below	Up to 3

Important

Exam 1 and Exam 2 will take place **IN CLASS**. *MyPsychLab* exercises and summative quizzes are due at 11:59PM on their assigned due dates.

Your Requirements

Exams

The first exam is worth 25% of your final grade, and the second and third exams are each worth 30% of your final grade. These exams are composed of multiple choice questions. The first exam is weighted less than the others in recognition that many students will not have experience with multiple choice tests before entering this course. Material from lectures, the textbook, and required *MyPsychLab* activities may appear on the exam. Be warned - lecture slides are NOT a substitute for attending class. Exams will include a substantial amount of material provided only by your instructors during lecture. **The exams are not cumulative**. Each instructor’s exam will cover only the material she taught. See below for more information about exam policies.

MyPsychLab Activities

MyPsychLab activities include exercises and summative quizzes, worth a total of 15% of your grade. You will complete one exercise and one quiz per instructor. The exercises will be graded for completion, which means that your mark will not be based on number correct but rather on whether or not you have completed the activity. Summative quizzes will be graded based on number correct. See below for more information on these activities and due dates.

Your Requirements (Continued)

Research Experience Component

You are able to complete three credits of research experience, which can earn you up to three bonus percentage points in the course. This research experience can be earned by participating in research studies and/or completing writing assignments. See below for more information about these options.

Research Experience Component

Option 1: Participate in Research

As an introductory psychology student, you have a unique opportunity to gain a hands on understanding of psychological research by participating in innovative research. If you choose this option, you must first create a Human Subjects Pool (HSP) account at <https://ubc-psych.sona-systems.com>. Be careful when creating your account that your first and last names appear exactly as they do on your UBC student account (do *not* use nicknames that are not on your UBC student account). Otherwise, you may not receive credit for your research participation. You will receive one credit for every hour of research participation. Many research experiments are only 30 minutes long, and so you only receive 0.5 credits for participation in these studies.

Important: The HSP system closes on the last day of classes (Friday, December 2). This will be your final day to earn research participation credits, and the final day to assign credits to this course.

Option 2: Alternative library assignment

Should you not wish to participate in a research experiment, you can complete up to three library writing projects, worth 1% each. For these projects, you must find an article recently published (2000 – present) in the peer-reviewed academic journal *Psychological Science* and summarize the research question, methods, and results of this article in approximately 500 words. You must write the summary in your own words. You still need to create an account at <https://ubc-psych.sona-systems.com>, as the credits are assigned via this system. Both the article and the summary must be submitted 10 days before the end of classes (Tuesday, November 22, 2016) on turnitin.com. The class ID is 13299891, class name is PSYC 102 – Section 202, and password is research102. If you have not used Turnitin before, please click the “Training” link at the top of the main page for instructions on how to properly submit assignments on turnitin.com.

Please note that HSP bonus points will be added to your final total course grade after any necessary scaling has been applied. If you have any questions about the HSP system, please contact the HSP administrator and/or refer to the information found here: <http://psych.ubc.ca/internal/human-subject-pool/>.

MyPsychLab Activities

MyPsychLab activities provides you with a number of resources that will help you better understand course content. Some of these resources are mandatory, and make up a total of 15% of your grade. Each Instructor will assign one assignment (2%) and one chapter quiz (3%) that will comprise 5% per instructor, for a total of 15% throughout the course.

Exercises - 6% of total grade

The exercises are due at 11:59 PM on their due dates (see above or below for due dates). The exercises will include videos and other activities that illuminate an important point in the course or that will help introduce the upcoming lecture topic to you. These exercises will not only introduce the material, but they will help you to identify areas where you are struggling with the content. On top of these benefits, these exercises will encourage you to read through the textbook chapters before class, and your instructors will lecture as though you have already read the textbook. The exercises will be **graded based on completion**.

Summative Quizzes - 9% of total grade

The quizzes will be due at 11:59 PM on their assigned due dates (see above or below for due dates). Regular testing increases your long-term retention of material, so these quizzes will be very helpful for your learning in this course. There will be a total of three summative quizzes. The summative quizzes will be **graded based on number correct**.

Many more resources are available on *MyPsychLab* than will be assigned. Please take advantage of them, as they will help your understanding of the course content!

Important

Everyone will get one “Hall Pass.” This means that every student in the class can hand in **one MyPsychLab exercise OR one MyPsychLab summative quiz late**. Students who use this “Hall Pass” can still earn points for completing the assignment if they turn in the late exercise or quiz **by 11:59pm on the last day of classes (Friday, December 2, 2016)**. If you submit a second *MyPsychLab* exercise or summative quiz late for any reason (e.g., work commitments, sleeping in, forgetfulness, or illness) you will receive “0” on that assignment. Absolutely NO exceptions will be made to this policy.

Course Policies

Lecture Policies

We will post lecture slides before the start of class. Whenever necessary we will also post final versions of the lectures slides, to more accurately line up with the content covered in class. If a final version of a lecture is available, please study from the final version. That said, we expect you to attend every lecture. The posted lecture slides are not a substitute for attending lecture, and exams will contain a significant amount of content only provided in lecture. If you must miss class, please contact a fellow student (not your instructor or TA) to try and obtain notes and/or other information on what you missed.

In the Classroom

Your behaviour in the classroom reflect on you as a person and student. We expect you to treat your instructors, fellow classmates, and anyone else that might be part of our class with respect. This means being courteous and respectful when asking questions or making comments during class, and not monopolizing a discussion or question period.

Laptop Use

We understand that many student use laptops or other electronic devices as learning tools. However, some students use their laptops during class for activities that are not related to the course. This can easily distract students sitting nearby. For this reason, we ask that anyone using a laptop or similar device for activities unrelated to the course sit at the back of the classroom.

Email Policies

Email is a great way to get in touch with your instructors and TA. We encourage you to contact the instructors or TA if you have a question related to the clarification of course content, policies, or any concerns regarding the course. We will respond to your emails within 48 hours, not including weekends or holidays. Do not expect a response from the instructors or TA the evening before an exam or assignment deadline. Do not use Connect to send emails, as we will not check for messages on the site. Use the email addresses provided above.

Important

Each email should contain only one question. The question should be fairly simple, and for clarification purposes. If you have more than one question or require more than simple clarification, we encourage you to come to the instructor's office hours or to email your TA for an appointment.

Exam Policies

During Exams

Every exam will require you to fill out a Scantron sheet in response to multiple choice questions. It is your responsibility to bring a **HB #2 pencil and eraser** to every exam. You will not be allowed to write the exam if you are more than 30 minutes late, or if another student has already submitted his/her exam. You may not leave the room (e.g., to use the bathroom) unless you have provided us with medical documentation 24 hours prior to the exam indicating a medical condition that might require you to leave the room. You will have 50 minutes to write each exam, and when time is called you must immediately stop writing, remain quiet, and follow the instructions for submitting your exam. This means you will not be given extra time to put your name and/or student ID on your Scantron form or exam, change an answer, etc. Scantrons filled in with pen will receive a zero. Failure to comply with any of these instructions will result in a zero on your exam.

Important

Please do not give us any reason to suspect cheating during an exam. Keep your eyes on your own paper, store any notes or books completely out of sight, and all electronic devices must be powered down and stored.

Missing Exams

If you are aware of scheduled UBC-sanctioned sport travel or a religious obligation that conflicts with the date of an exam, you **MUST** contact your instructors **up to two weeks before the exam** so that alternate arrangements can be made. If you miss an exam for a medical reason, you must contact your instructors **before the exam**. You must also provide medical documentation of the illness as soon as possible following the exam, and it is your responsible to schedule a makeup exam **within two weeks** of the original exam date (unless your medical documentation warrants a longer period). If you miss an exam for any other reason (e.g., work commitments, sleeping in, forgetting there was an exam) you will receive a zero on the exam.

Absolutely no exceptions will be made to this policy.

Exam Policies (Continued)

Reviewing Exams

There will be a 2-hour exam review period scheduled after the marks are released. Your TA will run this review session, and will be available to answer any questions or concerns regarding your exams. Should you be unable to attend this review session, you must contact your TA to make alternative arrangements to see your exam. If you wish to challenge your grade for a particular question, you must do so within 2 weeks of the grades being released on Connect. To challenge your grade you must complete a Regrade Request Form. This form can be picked up in person from your instructor or TA. We will not email you this form. This is to ensure that you understand the conditions of the Regrade Request Form. Following this two week period you may still view your exam, but you may no longer complete a Regrade Request Form. **Following this two week period your grade will be final.**

Grade Changes

Requests for a grade bump (e.g., from 75.3% to 76% for a B to a B+ grade change) via email or in person will NOT be honoured. We work incredibly hard to ensure that our grading is fair and consistent with Department of Psychology guidelines. Please do not ask the instructors or TA for a grade change.

Grade Scaling Policy

To ensure fairness across multiple course sections, all psychology courses at UBC are required to comply with departmental norms. According to departmental norms, the average grade in a 100- and 200-level Psychology course are 67% for an exceptionally strong class, 65% for an average class, and 63% for a weak class, with a standard deviation of 14%. Scaling (up or down) may be used by the instructors or the Department of Psychology to comply with these norms. **Grades are not official until they appear on your transcript.** You will receive both a percent and a letter grade for this course. At UBC, they convert according to the provided key.

A+	90-100%	C+	64-67%
A	85-89%	C	60-63%
A-	80-84%	C-	55-59%
B+	76-79%	D	50-54%
B	72-75%	F	0-49%
B-	68-71%		

Academic Misconduct

Cheating and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. The Department of Psychology has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. We will use this software to analyze the patterns of multiple choice responses on your exams in this course. Strong evidence of cheating, either from this analysis or from conduct during an exam, will result in the students involved receiving a zero for the work in question.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

Important

During exams, invigilators may ask students to move in their seating arrangement with no explanation provided. A student may be asked to move due to suspected academic misconduct behavior of a student nearby.

Access and Diversity

UBC is committed to equal opportunity in education for all students including those with documented physical disabilities or learning disabilities. If you have a disability that affects your learning or performance on tests or exams, please visit <http://students.ubc.ca/about/access> and take the necessary steps to ensure your success at UBC.

Other Useful Resources

Helpful UBC Information

UBC Academic Calendar
UBC Access and Diversity

<http://www.calendar.ubc.ca/vancouver/>
<http://students.ubc.ca/about/acces>

Helpful Student Information

Learning Commons: Tools for reading textbooks, managing time, preparing for exams, etc.

<http://learningcommons.ubc.ca>

UBC Student Organizations

Psi Chi (Local chapter of the Honors Society)
Psychology Students' Association (PSA)
UBC Psychology's Undergraduate Journal
UBC Psychology's Psyched! Newsletter

<http://psichi.psych.ubc.ca/>
<http://psa.psych.ubc.ca/>
<https://blogs.ubc.ca/ubcundergraduatejournalofpsychology/>
<https://psanewsletter.wordpress.com/>

Wellness Resources

Counselling Services: Offers a variety of resources to help maintain your mental health while in school

<http://students.ubc.ca/livewell/services/counselling-services>

SpeakEasy: A student-run service that offers confidential support for students in crisis

<http://www.ams.ubc.ca/services/speakeasy/>

Student Health Services: Provides students with a variety of healthcare-related services to help you maintain your health while studying

<http://students.ubc.ca/livewell/services/student-health-service>

Lecture, Reading, and Assignment Schedule

Week	Date	Topic	Reading and Assignment
1	September 7	Introduction to Psychology	Chapter 1
	September 9		
2	September 12	Research Methods	Chapter 2
	September 14		
	September 16		
3	September 19	Social Psychology	Recommended, not required: Distinguishing Independent & Dependent Variables
	September 21		
	September 23		
4	September 26	Stress, Coping, Health	Chapter 12
	September 28		
	September 30		
5	October 3	Introduction to Human Development	Exam 1 (IN CLASS) Chapter 10 Chapter 3, pp. 115-119
	October 5		
	October 7		
6	October 10	No Class: Thanksgiving	
	October 12	Physical and Motor Development	Chapter 10
	October 14		

Lecture, Reading, and Assignment Schedule

Week	Date	Topic	Reading and Assignment
7	October 17	Cognitive Development	Chapter 10 Chapter 6, pp. 198-225 Chapter 8, pp. 292-301
	October 19		
	October 21		MyPsychLab Exercise: "Smart Babies By Design"
8	October 24	Social Development	Chapter 10 Chapter 14, pp. 526-551
	October 26		
	October 28		MyPsychLab Summative Quiz: Human Development
9	October 31	Moral Development	Chapter 10
	November 2		
	November 4		Exam 2 (IN CLASS)
10	November 7	Intelligence and IQ testing	Chapter 9, pp. 313-337
	November 9		
	November 11	No Class - Remembrance Day	
11	November 14	Anxiety, OCD, and Hoarding	Chapter 15, pp. 567-584 Chapter 16, pp. 621-628
	November 16		MyPsychLab Exercise: "Special Topics - Diagnosing Mental Disorders"
	November 18		
12	November 21	Mood disorders	Chapter 15, pp. 585-592
	November 23	Dissociative disorders and Schizophrenia	Chapter 15, pp. 593-603
	November 25	ADHD and Autism	Chapter 15, 603-605 MyPsychLab Summative Quiz: Psychological Disorders
13	November 28		
	November 30	Psychological Treatments	Chapter 16, pp. 611-620; 629-639
	December 2		
	Exam Period		Exam 3

Important

The third exam will take place during the final exam period, which runs from Tuesday, December 6 - Wednesday, December 21. Saturdays are included in the final exam period.

Your attendance at the final exam is mandatory.

You should not make travel plans until you learn the date of your final exam. You cannot take the final at a different date/time unless you have a verifiable medical reason.