

# PSYC 102: Introduction to Developmental, Social, Personality, and Clinical Psychology

Time: Tuesday and Thursday, 2:00 – 3:20 pm  
Location: CIRS 1250

Instructor: E. David Klonsky, Ph.D.  
Office: Kenny Psychology 2406 (office hours are flexible, by email appointment)  
E-mail: [EDKlonsky@psych.ubc.ca](mailto:EDKlonsky@psych.ubc.ca)

## Graduate TAs

Kirstie Kellman-McFarlane ([kirstiekm@psych.ubc.ca](mailto:kirstiekm@psych.ubc.ca)), Tues 11:45-12:45 in Kenny 2011  
Boaz Saffer ([bysaffer@psych.ubc.ca](mailto:bysaffer@psych.ubc.ca)), Tues 9-10 in Kenny 2011  
(note: When you email the TAs please indicate you are in PSYC 102)

## Course Description

This course provides an introduction to basic methods and topics in psychology. Whereas Psychology 101 focuses on fundamental processes such as sensation, perception, learning, and memory, this course focuses on more complex aspects such as relationships, personality, intelligence, and mental disorders. This course places particular emphasis on understanding *how* psychological researchers reveal knowledge about these important and fascinating aspects of psychology.

## Text

*Psychology (11<sup>th</sup> Ed.)*, by David G. Myers. The text is required. A cheaper abridged version for this textbook is available at the campus bookstore.

## Preparation

It is important that you keep up with the assigned readings and review the lecture material regularly.

## Attendance

Attendance is expected and essential. Information taught in class will be beyond the textbook material. If you miss a class, obtain notes on the material covered from one of your peers.

## Participation

Asking questions in class is encouraged. I invite your questions. You do not have to worry about asking 'stupid' questions. You may also attend office hours if you have questions not answered in lecture. However, office hours are not for teaching students information they missed because they skipped class.

## Academic Honesty

Academic dishonesty will not be tolerated and a report will be passed on to the Dean of your faculty. In past years this has led to penalties ranging from receiving a grade of zero for the whole course to being expelled from the university. Please read the UBC Calendar ("Student Discipline") for the University's policies on cheating and plagiarism. This policy will be enforced. Helping a classmate cheat also counts as cheating. Please avoid any behavior that may reasonably be viewed as suspicious. Please do not risk your academic career. You should bring picture I.D. (e.g., student card) to all examinations.

## **Accommodations for Students with Special Needs**

If you have a physical, psychological, medical, or learning disability that may impact your ability to carry out assigned course work, we recommend that you contact UBC Access and Diversity <http://www.students.ubc.ca/access/drc.cfm>, and work with them to determine what accommodations are necessary and appropriate.

## **Grading**

Your final grade in this course will be based on two components:

- 1. Mid-term exams = 58%**                      There will be two midterm exams. Both will be multiple-choice format. Each midterm exam will count for 29% of your final grade. Please take note of the midterm exam dates. Makeup exams will only be given in extreme circumstances (e.g., documented medical emergency).
- 2. Final exam = 40%**                      The final exam will be cumulative and cover all information taught during the semester. It will be similar in format to the mid-term exams.
- 3. Research Experience Component = 2%**  
(See Section Below entitled "Research Experience Component")

## **Grading Distribution**

Based on Department of Psychology grading distribution requirements, it is expected that the mean class grade will be approximately a 66. If the class average deviates from this mark, a curve may be instituted to ensure the proper grading distribution. In addition, some items on the midterm exams and/or final exam that represent more central concepts may count more than other items for grading purposes.

## **Research Experience Component (2%)**

Psychology is an active and exciting scientific discipline. Many of the studies that you will learn about in this course were carried out at universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as way of introducing you, in a more hands on and interactive way, to cutting edge research in psychology. This REC will be worth 2% of your grade in the class and you are free to choose one of two options:

### 1) Participate in the Psychology Department Human Subjects Pool

Most students will choose to earn their research experience component by spending **two hours participating in psychology studies (worth 1% point for each hour)** through the Department of Psychology's Human Subject Pool (HSP) system. You can locate, create an account, and sign up for studies by going to <https://ubc-psych.sona-systems.com>. **Please register in the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit with a brief online survey that will increase your eligibility for more studies.**

Once registered in the system, you will be able to browse through and select which studies you wish to participate in, sign up for an available timeslot, and confirm your accumulated credits afterward. At the end of the last day of class for the term, the subject pool is closed. At that point, you will no longer be able to receive credits. I strongly urge you to participate in and confirm your credits long *before* the last week of class. Further instruction for participants on how to use the HSP online system can be found at <http://psych.ubc.ca/internal/human-subject-pool/> in the link entitled "Subject Pool Information for Participants."

### 2) Alternative assignment: Library writing projects

As an alternative to participating in the Subject Pool, you can instead choose to complete two library writing projects (worth 1% point each). For this assignment, you will read and summarize two research

articles. You must select a research article (not a letter to the editor, commentary, or review paper) published between 2000-present in the journal *Psychological Science* – one of the disciplines' leading journals. Each summary should be about 500 words and should describe the purpose, method and results of the study *in your own words*. Please see page 4 of the "Subject Pool Information for Participants" document available at <http://psych.ubc.ca/internal/human-subject-pool/> for further instructions on the library assignment. **If you choose the library option, you must: a) submit your summaries and a copy of the articles no later than the last day of classes (April 10), and b) submit each summary to turnitin.com (class ID 9183443, password *research*)**. If you don't have a turnitin account already (from a previous course), you will need to create a user account in Turnitin. See [www.turnitin.com](http://www.turnitin.com), and click on the "Training" link at the top of the page for detailed instructions on how to submit papers to Turnitin. **Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action may be taken at a departmental or university level.**

### **Extra Credit (optional)**

You may earn up to **3% extra credit** that will be added to your final grade. These extra credit points can be earned by doing up to three additional hours of study participation in the HSP (or summarizing another three additional journal articles for the library option) as described above as the research experience component of the course.

## Lecture and Reading Schedule

Date	Event	Topic	Readings
Jan. 5		Introduction and Scientific Method	Syllabus
Jan. 7		Introduction and Scientific Method	Chapter 1
Jan. 12		Scientific Method	Chapter 1
Jan. 14		Social Psychology	Chapter 14
Jan. 19		Social Psychology	Chapter 14
Jan. 21		Social Psychology	Chapter 14
Jan. 26		Social Psychology	Chapter 13
Jan. 28		Personality	Chapter 13
Feb. 2		Personality	Chapter 13
Feb. 4		Intelligence	Chapter 10
Feb. 9		Intelligence	Chapter 10
Feb. 11	<b>Midterm 1</b>		
Feb. 16		<b>No Class – Midterm Break</b>	
Feb. 18		<b>No Class – Midterm Break</b>	
Feb. 23		Motivation	Chapter 11
Feb. 25		Emotion	Chapter 12
Mar. 1		Emotion	Chapter 12
Mar. 3		Emotion/Stress and Health	Chapter 12
Mar. 8		Stress and Health	Chapter 12
Mar. 10		Psychological Disorders	Chapter 15
Mar. 15		Psychological Disorders	Chapter 15
Mar. 17		Psychological Disorders	Chapter 15
Mar. 22		Psychological Disorders	Chapter 15
Mar. 24	<b>Midterm 2</b>		
Mar. 29		Psychological Disorders/Therapy	Chapter 15/16
Mar. 31		Therapy	Chapter 16
Apr. 5		Therapy	Chapter 16
Apr. 7		Therapy	Chapter 16
TBA	<b>FINAL EXAM</b>		