

# Personality Psychology (Psychology 305A), Section 901 Winter 2015/2016, Term 1 (Fall)

## Class Times

Mondays 5:00-7:30 pm

Location: Buchanan a104

## Office Hours

Instructor: Professor Jessica Tracy ([jltracy@psych.ubc.ca](mailto:jltracy@psych.ubc.ca))

Phone: 604-822-2718

Room 3515 Kenny (psychology) Building

Office Hours: By appt. (email for appointment)

## Teaching Assistants

Zachary Witkower

Email: [Zak.Witkower@psych.ubc.ca](mailto:Zak.Witkower@psych.ubc.ca)

Office Number: Kenny 1002

TA Office Hours:

Zak: 1:30PM – 2:30PM (Kenny 1002)

Or, email for an appointment.

## Course Description

This course is an introduction to the study of personality. Personality refers to consistencies in people's thoughts, feelings, and behavior over time and across situations. Topics will include methods of personality research and an overview of the primary theoretical perspectives and major research findings in the field. The course will consist of three classes per week, which will include lectures, full-length films and film segments, exams, and class discussions in which student participation is encouraged.

## Required Reading

Larsen, R. J., & Buss, D. M. (2013). *Personality psychology: Domains of knowledge about human nature* (5<sup>th</sup> Edition). New York: McGraw Hill. [NOTE: earlier editions are fine too—chapter order should be the same across 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup>.]

Please note: Unfortunately the UBC bookstore was not able to get enough copies of the book in time this year (more will arrive mid-late September), so if you are unable to buy a book from the bookstore now, you have a few options: a) search online sellers; b) use the e-book, which you can get for a cheaper price than the hard book, via MH Connect. In addition, the publisher is giving you all **two weeks of free access to the e-book via MH connect**. To obtain this free access, register via connect with our course URL: <https://connect.mheducation.com/class/j-tracy-fall-2015>. If you have trouble making this

work, check out this tutorial: <http://createwp.customer.mheducation.com/wordpress-mu/success-academy-student/registering-with-free-trial/>.

### **Films**

We will be viewing one 50-minute film during the term, as well as shorter video clips. These films are part of the course content; we will discuss them in class, and material covered in the film and class discussions will be included on exams. If you miss a film, it is your responsibility to learn about its major themes. Please note that certain films may be difficult to find.

### **Course Requirements and Grading**

**Exams:** This course will have 3 exams—2 midterms and 1 final. Each exam will cover the section of the course that immediately preceded it; in other words, the final exam will focus largely on the final third section of the course, and will be only a bit longer than the other 2 exams (each midterm will be approximately 1 hour, 30 minutes long; the final exam will be 1 hour, 45 minutes long). However, each exam will also be somewhat cumulative in that it will call for knowledge acquired across the course thus far (that’s just how psychology, and all sciences, works; you need to have knowledge of certain topics in order to write or learn thoughtfully about other topics). Exam questions (multiple choice and short essay) will be based on material from the lectures, readings, and in-class films, with greatest emphasis on the lectures.

**THERE WILL BE NO MAKE-UP EXAMS WITHOUT A DOCTOR’S NOTE.** If you have a medical emergency (doctor’s note required), the TA’s will coordinate with you to arrange for a make-up exam. If you know now that you will need to an exam for a non-medical reason, you should try to get into a different section of this course or sign up next year instead.

**Grading:** The 2 midterm exams will each be worth 30% of your total grade, and the final exam will be worth 40% of your total grade (adding up to 100% total).

You also may receive up to **3 extra credit points** (for a total of 103%) for participating in the Department of Psychology’s subject pool. You will receive 1 extra credit point for every hour you participate in an experiment. To receive credit for experiment participation, you will need to sign up and receive credit through the Dept. subject pool website: <https://ubc-psych.sona-systems.com/>.

Please note that final grades (and only final grades) may be scaled, according to department policy.

**Web Resources:** Slides from each lecture (and this syllabus) will be posted on the web after each class; you should download these files and use them as study guides. The course website can be found at <http://ubc-emotionlab.ca/psyc305a-personality/>. You will need to enter the password “personality” to access the site.

It is important to note that the slides posted on the web will not cover everything that is covered in class. If you miss class, you should download the slides **and** ask a classmate for additional notes. Please note that I will NOT respond to emails asking about the contents of lectures that were missed. If you email to find out what you missed in class, you will receive a reply along the

lines of: “see lecture notes”. If you don’t know anyone in the class to get notes from, now is a good time to meet someone!

**Email Policy:** In general, I will provide only 1-sentence responses via email. If you have a question that cannot be answered in a single sentence or less, please see me after class, or make an appointment to come to office hours and I will be happy to discuss it with you. Except in special circumstances, emails requiring responses longer than 1-sentence will NOT be answered. For all email responses, please permit more than 24 hours before expecting a response (e.g., you are unlikely to receive a response the night before an exam). Emails will generally not be answered over the weekend.

### **In-class Laptop Policy**

Unless necessary, laptop computers are not allowed in class. For the reasoning behind this policy, see [http://www.washingtonpost.com/blogs/answer-sheet/wp/2014/09/25/why-a-leading-professor-of-new-media-just-banned-technology-use-in-class/?tid=pm\\_local\\_pop](http://www.washingtonpost.com/blogs/answer-sheet/wp/2014/09/25/why-a-leading-professor-of-new-media-just-banned-technology-use-in-class/?tid=pm_local_pop).

If you have concerns with this policy, feel free to come talk to me about it. If there are reasons to make exceptions, I’m happy to do that, but please come discuss this with me.

### **Course Calendar**

#### **Week 1**

Mon., Sept. 14<sup>th</sup>      Review of syllabus  
Overview of Personality  
Research Methods in Personality  
Reading: Larsen & Buss, Chapters 1 & 2

#### **Week 2**

Mon., Sept. 21<sup>st</sup>      Wrap up Methods  
Freud & The Psychoanalytic Approach to Personality  
Contemporary Psychoanalytic Approach  
Reading: Larsen & Buss, Chapters 9 & 10

#### **Week 3**

Mon., Sept. 28<sup>th</sup>      Motives and Personality  
Phenomenological/ Humanistic Approach  
Begin the Self  
Reading: Larsen & Buss, Chapters 11 & 14

#### **Week 4**

Mon., Oct. 5<sup>th</sup>      Self-Esteem  
Traits and Trait Taxonomies  
Theoretical and Measurement issues in Trait Psychology  
Reading: Larsen & Buss, Chapters 3 & 4

- Week 5**  
Mon., Oct. 12<sup>th</sup>      **THANKSGIVING; NO CLASS**
- Week 6**  
Mon., Oct. 19<sup>th</sup>      5:00-6:30: MIDTERM EXAM 1  
6:45-7:30: Lecture: Wrap up Trait Approach; Personality Change and Stability  
Reading: Larsen & Buss, Chapter 5
- Week 7**  
Mon., Oct. 26<sup>th</sup>      Genetic Approach to Personality  
Physiological Approach to Personality  
Begin Evolutionary Approach to Personality  
Reading: Larsen & Buss, Chapters 6 & 7
- Week 8**  
Mon., Nov. 2<sup>nd</sup>      FILM: *Body Doubles: The Twin Experience*  
Discuss film; Wrap up Evolutionary Approach to Personality  
Begin Cognitive Approach  
Reading: Larsen & Buss, Chapter 8
- Week 9**  
Mon., Nov. 9<sup>th</sup>      Learning and Behaviorism  
Modern Cognitive Approach  
Emotions & Personality  
Reading: Larsen & Buss, Chapters 12 & 13
- Week 10**  
Mon., Nov. 16<sup>th</sup>      5:00-6:30: MIDTERM EXAM 2  
6:45-7:30: Lecture: Wrap up Emotions
- Week 11**  
Mon., Nov. 23<sup>rd</sup>      Lecture: Relationships and Social Interactions  
Sex, Gender, & Personality  
Reading: Larsen & Buss, Chapters 15 & 16
- Week 12**  
Mon., Nov. 30<sup>th</sup>      Lecture: Culture and Personality  
Overview and Course Wrap-Up  
Reading: Larsen & Buss, Chapters 17 & 20

## **Psychology Department's Position on Academic Misconduct**

Cheating, plagiarism, and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. In the first place, the Department has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

All graded work in this course, unless otherwise specified, is to be original work done independently by individuals. If you have any questions as to whether or not what you are doing is even a borderline case of academic misconduct, please consult with your instructor. For details on pertinent University policies and procedures, please see Chapter 5 in the UBC Calendar (<http://students.ubc.ca/calendar>) and read the University's Policy 69 (available at <http://www.universitycounsel.ubc.ca/policies/policy69.html>).