

## COURSE OUTLINE

### Psychology 401, Clinical Psychology, Section 001

When: Mon/Wed/Fri 12:00 to 1:00; WHERE: Anthropology & Sociology (MarineDr) Rm 207

Instructor : Dr. Wolfgang Linden

3108 Kenny Bldg; 604-822-4156; [wlinden@psych.ubc.ca](mailto:wlinden@psych.ubc.ca)

**Teaching Assistant:** tba

**Course webpage** is on Connect and if you are enrolled in the class you have access. Please note that I will occasionally use email notifications ; if you want to receive important notices about the class, make sure your email address as given at time of registration is correct.

**Office Hours:** Dr. Linden – Wednesday 3:00 to 4:00 PM or by appointment

TA: by appointment

The required **text** for the course is Linden W, Hewitt PL (2011) Clinical Psychology: A Modern Health Profession. Taylor & Francis, USA

Additional readings may be assigned during the course and will be announced in class. Other class information is provided on the webpage or in class. Please note that attendance in class is expected but not mandatory. There will be material offered in class that is not in the book.

**Class format.** Given the large class size, I will use a format that is a blend of question & answer and lecture; I will try to raise points of discussion during the lectures and questions are very much encouraged.

**Prerequisite.** It is assumed that students have taken Psyc 300 or its equivalent. If you are registered without meeting this prerequisite I will not prevent you from taking my course but it will be your responsibility to catch up where needed.

**Purpose.** This course is designed to orient students to the field and the profession of clinical psychology. It covers a brief history of clinical psychology, as well as current knowledge, standards and evidence-based practices. Students learn about theoretical approaches, common assessment and treatment activities of clinical psychologists, and gain an appreciation for the current issues in these areas. Students will be briefly introduced to clinical subspecialties.

#### **Evaluation**

1) **Two exams.** The first exam is **Friday Oct 23, 2015** and is worth 30% of the grade. The second exam is during the **December scheduled exam period** and is worth 40% of the grade. Exams cover material presented in the text and assigned readings, as well as in lectures and other class presentations and activities (e.g., guest lectures, videos). Exams contain definitions **and** short answer questions. Students must attend scheduled exams. The only exception is emergencies and documentation is required in such cases. If you miss an exam, and do not have a valid reason, you will not receive credit for the exam. Exams will be handed back and the scoring key

will be briefly reviewed in class but , as per university policy, students are not allowed to keep the exams. Students can conduct further review of exams during office hours with the TA or Dr. Linden. Should there be addition errors or major oversights your grade will be promptly adjusted. There will be no haggling over minor differences in opinion about what the right grade is and exam viewing is for strictly educational purposes. Requests for final grade changes must be made through the Registrar.

2) **One brief (i.e., 5 page) paper** (double-spaced, excluding title page and references, and written in APA format). The paper is worth 30% of the grade. The paper will address psychological treatments, and students will have a choice of specific topic. You will be given more details regarding the papers in class on **Monday Oct 26**, after the first test. The paper will be due Mon **Nov 23, 2015**.

After papers and exams are returned, students have 2 weeks to request re-evaluation if there is strong reason to suspect errors. Late papers are not accepted unless accompanied by a very good reason and students need to explain this reason to the instructor in advance of the due date if possible. Students submitting work late without good reason will be penalized 5 of the 30 marks per day late, including weekends.

### **Policies**

Regular **attendance** at lectures is expected. If missing a class, students are responsible for any and all information that was presented during class. Dr. Linden and the TA are happy to answer quick and simple questions via email, but please do not expect extensive consultation because that is better raised in class or, when of a very personal nature, in an office appointment. If the information requested in the student's email was already presented in class, the email may not be answered as it is the student's responsibility to attend class.

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions. According to departmental norms, the mean grade in a 300-level class is 70-72 for a good class, 68-70 for an average class. **Scaling** is likely to be used in order to comply with these norms; grades may be scaled up or down as necessary by the professor or department. The psychology department's position on **academic misconduct** is that cheating, plagiarism, and other forms of academic misconduct are very serious concerns. In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

All graded work in this course, unless otherwise specified, is to be original work done independently by individuals. If you have any questions as to whether or not what you are doing is in any way academic misconduct (e.g., plagiarism), please consult Dr. Linden or the TA. For details on pertinent University policies and procedures, please see Chapter 5 in the UBC Calendar (<http://students.ubc.ca/calendar>).

The University accommodates **students with disabilities** who have registered with the Disability Resource Centre. Please let Dr. Linden know in advance, preferably in the first week of class, if

you will require any accommodation on these grounds. Students who plan to be absent for varsity athletics, family obligations, or other similar commitments, cannot assume they will be accommodated, and should discuss their commitments with Dr. Linden before the drop date. Students should **retain a copy** of all submitted assignments (in case of loss) and in case they wish to apply for a Review of Assigned Standings.

### **Expected Timing of Topics and corresponding Text Chapters**

Sept 9-11 Careers and ongoing themes in Clinical Psychology **1 and 2**

Sept 14-18 Methods for research and evaluation **3**

Sept 21-28 Ethics and Standards CPA Code of Ethics **4**

Sept 30 – Oct 5 Assessment Overview **6**

Oct 7 - 14 Assessment: Interviews & Observations **7**

Oct 16 - 21 Assessment: Standardized Testing **7, 8**

### **Oct 23 Exam I**

Oct 26-30 The process of psychotherapy and principles of outcome evaluation **10, 13**

Nov 2 - 6 Interventions with Adults **11,12**

Nov 9-13 Interventions with Adults **11,12**

### **Paper Due Nov 23**

Nov 16-20 Intervention with Adults **11,12**

Nov 23-27 Interventions with Adults and outcomes **13**

Nov 30-Dec 4 Interventions and Outcomes in medical Environments **17**

**Second and Final exam scheduled by Registrar**